



FREAK

Kayak
GUIDE



SPORT

FITNESS

JUMBLED KAYAKS

FISHING

FUN

RECREATION

SIT IN

SIT ON

GROUPS

SOLO

FISHING KAYAKS

SINGLE KAYAKS

TANDEM KAYAKS

Accessory checklist

ESSENTIALS

- ☐ Padded Seat
- ☐ Paddle
- ☐ Paddle Leash
- ☐ Headlamp
- ☐ Dry Bag
- ☐ Paddling Gloves

TRANSPORT

- ☐ Carry Strap
- ☐ Kayak Trolley
- ☐ Roof Racks
- ☐ Tie-Downs

STORAGE

- ☐ Wall Sling
- ☐ Wall Rack
- ☐ Kayak Hoist

KAYAK SAFETY

- ☐ Navigation Light
- ☐ Flag Whip
- ☐ Lifejacket (PFD)
- ☐ Mobile Phone
- ☐ Water Bottle
- ☐ Hydration Pack

KAYAK FISHING

- ☐ Rod Holder
- ☐ Sounder / GPS
- ☐ Electric Motor
- ☐ Fishing Gear
- ☐ Kayak Anchor
- ☐ Anchor Trolley Line

SUN PROTECTION

- ☐ Hat
- ☐ Sunscreen
- ☐ Sunglasses
- ☐ Repellant
- ☐ Sunshirt (rashie)

Kayak safety

Kayaking is a great activity for fun, fitness, fishing, relaxation, or just getting into those special places other boats can't go. But do you know how to do it safely?

BE SEEN, BE SAFE

- **Dress in bright coloured clothing**
- **When in groups, paddle in tight formation**
- **Keep a lookout for other vessels and obstacles**
- **Paddle during daylight hours or use appropriate lighting at night**
- **Stay close to the shore line**
- **Keep to the starboard (right-hand) side of the channel**

NAVIGATION LIGHTS

- Between sunset and sunrise a torch is the minimum lighting requirement for kayaks, but it is strongly recommended that you fit an all-round navigation light that can be seen from all directions.

HAVE THE RIGHT EQUIPMENT

- Wear an AS4758 approved lifejacket at all times
- Check your equipment is in working order before setting off
- Take a waterproof VHF marine radio and mobile phone in a waterproof pouch
- On open waters consider taking an EPIRB or PLB and know how to use them
- Take sufficient drinking water and sun protection
- Dress appropriately for the conditions including hat, sunscreen and sunglasses
- Use a paddle or leg leash in windy conditions

KNOW THE BOATING RULES

- Obey local regulations and lifejacket laws
- Keep to the right (starboard) at all times
- Give way to any craft under sail
- Keep clear of larger vessels
- Keep a proper lookout for other vessels
- Understand navigation markers
- Cross paths safely and avoid shipping lanes or busy channels

UNDERSTAND THE CONDITIONS

- Check the latest weather and wave reports and plan your trip accordingly
- Use apps like Willy Weather or BOM
- Know what wind strength you can handle
- Take account of swell and tides
- Take extra care when crossing a bar
- Check river conditions and avoid floods
- Find out as much information as possible about the area you are going to

PLAN YOUR TRIP

- Always tell someone where you are going and when you'll be back
- Ensure you and your kayak are suited to the conditions
- Consider taking a VHF marine radio and mobile phone for communication
- On open waters consider taking an EPIRB or Personal Locator Beacon (PLB)
- Take plenty of drinking water and sun protection
- Dress appropriately for the conditions
- If possible, don't paddle alone



KEEP SAFE, STAY RIGHT

- Where possible paddle outside the channel
- Don't paddle in the centre of the channel or river
- Keep clear of large vessels



KEEP A PROPER LOOKOUT

- Use your eyes and ears to keep a good lookout
- Take care when entering or crossing channels



KEEP CLEAR OF LARGER VESSELS

- Cross behind vessels not in front
- Remember powerboat wash can capsize small craft



WEAR A LIFE JACKET

- Wear an AS4758 approved life jacket at all times
- Show required lights at night



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